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Wednesday 10 December 2025

Dear Parent/Carer

## **Managing Seasonal Illnesses and Keeping Our School Community Healthy**

As we move through the winter months, I wanted to update you on how we are working together to keep everyone at School healthy and ensure that our pupils continue to attend school as much as possible.

### **Seasonal Viruses: What You Need to Know**

- Seasonal viruses, including influenza, are currently circulating in our community.
- At this time, outbreaks in our area remain low.
- We are monitoring the situation closely and following guidance from local and national public health authorities.

### **Staying Informed and Keeping Our School Safe**

If you have any concerns about infectious diseases or need advice, you can contact the local public health team at:

[publichealth@buckinghamshire.gov.uk](mailto:publichealth@buckinghamshire.gov.uk)

We also encourage you to use the following national resources to help keep your family and our school community healthy:

- [Education Hub Blog: Reducing the spread of illness this winter: Seven steps to healthier schools and higher school attendance](#)
- [NHS Guidance for Parents: Is my child too ill for school?](#)
- [Preventing and Controlling Infections Guidance](#): Advice on vaccination, ventilation, and good respiratory hygiene.
- [A-Z of Managing Infectious Diseases](#): Practical guidance on managing specific illnesses.

### **How You Can Help**

To keep everyone well and maintain high attendance at school, please:

- Follow the latest NHS advice about when to keep your child off school.
- Encourage your child to wash their hands regularly and use tissues when sneezing or coughing.
- Make sure your child's vaccinations are up to date.
- Keep classrooms and shared spaces well ventilated at home, where possible.
- Let us know straight away if your child is diagnosed with any infectious disease.



## What Happens Next

- We will continue to communicate any important updates.
- If your child is unwell, please consult the resources above or contact the school office for advice.
- For further queries, please contact us or Buckinghamshire Public Health.

Thank you for your ongoing support in helping us keep School a happy and healthy place to learn.

Yours sincerely



Celine Hawkins  
Headteacher

