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Headteacher: Mrs C Hawkins BEd (Hons), NPQH

*Be strong and  
courageous.....for  
the Lord your God is  
with you*

February 2026

Dear Parent/Carer

### **Year 1 – Tasting dips**

In DT, Year 1 will be learning about healthy foods and designing dips to go with a variety of ‘dippers’. In order to understand the topic better, Year 1 will be trying different tasty dips!

They will be able to try the following foods:

Houmous	Raita
Guacamole	Bread Sticks
Salsa	Lightly salted tortilla Chips
Thousand Island	

### **Year 1 – Salsa making**

In the final week of term, Year 1 will be creating their own dip! Children will be designing and making a healthy salsa with their choice of fruits and vegetables from the options below. Children will evaluate the appearance and taste of their salsa at school.

Ingredients children will be able to taste and use in their salsa:

- Tomatoes
- Red onion
- Sweetcorn
- Mango
- Pineapple
- Cucumber
- Red/yellow/green peppers
- Green olives
- Lightly salted tortilla chips



Please complete the form below by 9am **Friday 6<sup>th</sup> March**, indicating that you are happy for your child to taste and use the dips and ingredients outlined above.

<https://forms.office.com/e/wd32tFH3xK>

If we do not receive a response your child will be unable to taste the food. Please note that we will not be making phone calls to remind parents to reply to this letter.

Yours sincerely

*B L Plume*

Miss Plume  
Year 1 class teacher

