



June 2026

Dear Parent/Carer,

Healthy Heroes Week 2026 - Tuesday 23rd June to Monday 29th June

I am sure you are all looking forward to the school's Healthy Hero Sports Week – a week where the curriculum is devised around fitness and sporting activities as well as those devoted to helping mental health and wellbeing. It certainly seems that the children are full of excited anticipation. Below is a summary of the main events of the week.

Carousel Event – Tuesday 23rd June

The carousel event will take place at school in the morning beginning at 9.00 am. The teams will circulate around a carousel of 12 events. The teams for each house will meet opposing teams from the other houses and compete for points throughout the morning's carousel. You are invited to watch this event and encourage your children; however there will be no parking on the school site that day.

Races Day - Track Events: Wycombe Abbey School – Monday 29th June

The track events will take place in the morning for Key Stage 2 and the afternoon for the Key Stage 1 and Early Years. This will consist of a series of track races held in the grounds of the Wycombe Abbey School, with the children again competing in their houses. This will commence at 9:30am for Key Stage 2 and 1:00pm for Key Stage 1 and Early Years. Limited parking is available at Wycombe Abbey, along Lime Avenue and a member of Wycombe Abbey staff will be onsite from 9am to assist with any issues. Please note that the entrance for cars is now at Clarence Gate on Marlow Hill. It may be possible to use the pedestrian entrance at the foot of the hill – we will confirm this closer to the date.

The points gained from the two days will be added to those already acquired by the houses as a result of inter-house games and tournaments that have been taking place within each year group over the past year.

Allocation of Races

Races are allocated as fairly as possible prior to the races day and the children rehearse their given races. As far as possible, races are separated into girls' and boys' races but as some year groups have more girls/boys this isn't always achievable. Each child will be allocated a minimum of three races. However, on the day, a number of factors mean children may be changed at the last minute e.g. illness, refusal to participate, toilet trips. Whilst we endeavour to keep it as fair as possible, we still need to ensure each race has the correct number of participants.

Races Day Lunchtime

Due to the timings of the Races Day and it being held at Wycombe Abbey School, lunch-time for the school will be earlier than usual. There will be no Hot School Meals on Races Day (29th June.) If you want to order a Packed Lunch from Fresh Start for Races Day, please make sure you have chosen the Packed Lunch replacement option & ordered any meal BEFORE 9am Thursday 25th June. If you do not do this you will need to supply your own packed lunch for the day.



Uniform

As the children are participating in so many sporting activities during the week, they will be able to wear PE kit all week.

To confirm the expectations, the following clothing should be worn:

- School shorts or tracksuit bottoms
- Trainers
- School tracksuit top / sweatshirt
- A plain (no logos or pictures at all) t-shirt which links to their sports team colours (those children in 'Bikers' house may wear their school PE t-shirt)

o Bikers – Red o Riders – Yellow o Skaters – Green o Surfers – Blue

If a child comes in a t-shirt which isn't plain they will be expected to change into their school PE top for the day.

In anticipation of finer weather, please could you ensure that your child is sent to school with the following items every day:

- Sunhat
- Water bottle

Sun cream should be applied in the morning before coming into school. Please do not give your children sun cream to bring into school.

Activities

During 'Healthy Heroes Week', we aim to offer a wide variety of opportunities for the children to improve their sporting ability as well as offering the chance to try new sports. A range of professional coaches will be coming into school to teach the children and offer them expert training. Throughout the week, we also aim to develop the children's competitive nature and sportsmanship. Furthermore, we aim to teach them about the importance of living a healthy lifestyle and being a 'Healthy Hero'.

We Need Your Support - How to Get Involved!

Firstly, come and cheer on your child and their team at the carousel and races – we would love to see you there!

During the week, we will also be running orienteering and cross-country competitions. These competitions can only run with additional support. If you are able to help for any amount of time please contact the office. Support includes;

- Leading orienteering teams with basic maps up at Tom Burt's Hill – Friday 26th June (morning only)
- Running with groups for the cross country – Wednesday 24th June (morning and afternoon)

If you can only offer 1 hour we would still appreciate your help. We will endeavor to contact any volunteers with as much notice as possible to let them know if they are required.

Thank you for all your support.

Yours sincerely



Mr C Burgin

Teacher – PE Lead

