



Bikeability Training Level 1 (Years 3&4)

Dear Parent/Carers,

Great news! We will be coming to your school to do Bikeability training with Year 3&4.

The Bikeability Level 1 course helps children get more skilled and confident in riding their bikes in the playground and get them ready for cycling on the road. Riders **MUST** already be able to ride a bike - pedal and freewheel - to participate in this level.

Each child will require a roadworthy bike, a helmet, suitable clothing for spending up to 120 minutes riding a bike outside (e.g. A shower-proof coat if it's going to rain, gloves if it is cold) and secure flat shoes/trainers, water, plus other personal requirements e.g. Medication needs, sun cream, inhaler.

Cycles must be in a roadworthy condition which means both brakes are fully working, tyres are pumped up, gears (if present) operate as designed, the chain is properly lubricated.

The course costs £5. Places are limited, so we encourage early booking. The deadline is Monday 20th July 2026.

If you would like your child to take part, click on this link or scan the QR code:

<https://consent.bikeability.org.uk/din-lac-nav>



High Wycombe CoE
Combined-High

Kind regards,

BeSpoke CI

