



High Wycombe Church of England Combined School

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Headteacher: Mrs Beverley Accastello



Dear Parents and Carers,

Cooking and Food Tasting Activities Permission Letter

As part of our curriculum, the children will have opportunities throughout the school year to take part in a variety of cooking, food preparation and food tasting activities. These experiences support learning across the curriculum and help children develop important life skills, including following instructions, understanding healthy eating, exploring different cultures and developing confidence when trying new experiences.

During these activities, children may handle a range of food ingredients and prepare simple dishes under appropriate adult supervision. They may also be offered the opportunity to sample foods that they have prepared or that relate to their learning.

We encourage children to explore and experience new foods; however, participation in food tasting is always a matter of choice. Children will never be forced to taste or eat any food if they do not wish to do so.

The safety and wellbeing of our pupils is extremely important to us. Before any cooking or food tasting activities take place, we will carefully check allergy and dietary information held by the school and make reasonable adjustments where necessary. If your child has any allergies, intolerances, dietary requirements or medical conditions that may affect their participation, please ensure the school is informed and that our records are kept up to date.

We are therefore seeking permission for your child to take part in routine cooking, food handling and food tasting activities that may take place during the academic year.

Please complete the online form: <https://forms.cloud.microsoft/e/vWFPVXZ9QX>

Please reply by **9am Friday 11th September**. If we do not receive a reply your child will not be able to take part in these activities.

Thank you for your continued support,

Mrs Beverley Accastello

Headteacher

Be strong and courageous: do not be afraid or discouraged for the Lord your God is with you wherever you go

(Joshua 1:9)