

High Wycombe Church of England School

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*Be strong and
courageous.....for the Lord
your God is with you*

March 2025

Dear Parent/Carer

Growing Up and Puberty Resources

Thank you to those parents who were able to attend the Growing Up and Puberty informative parent session on Tuesday 11th March.

In this session we covered what is meant by Relationships Education, Health education and Sex education and how this is embedded within our PSHE curriculum. We also shared the information that children are taught in Year 4, 5 and 6 relating to growing up and puberty, including the statutory and non-statutory components, and the resources from Medway Health Directorate that will be shared with pupils.

For those that were unable to attend the meeting, please see the presentation that was shared and resources for discussing these topics with your children here:

If you have any questions, please speak to your child's class teacher or Miss Johns.

Kind regards,

Miss Johns
Assistant Headteacher



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