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*Be strong and
courageous.....for the
Lord your God is with you*

23rd February 2024

Dear Parent/Carer

Year 5 Growing Up and Puberty

In the summer term, Year 5 will be studying the Science topic, "Animals including Humans". This is part of the Science National Curriculum for Key Stage 2 and also links with the Year 5 PSHE curriculum. It covers the Human Lifecycle, Growth, and Puberty.

Ahead of this, children in Year 5 will be taking part in a puberty session which will take place on **week commencing 18th March**. During this session we will discuss gender specific elements of puberty including physical changes and emotional changes. The children will be separated by gender and will be given time to discuss the topics and ask questions. Please be aware that your child may have further questions or want to talk about this further with you after the lessons.

If you have any questions regarding this please do not hesitate to contact your class teacher.

Yours sincerely,

Mr Burgin
Year 5 Teacher

